

A PRESTIGIOUS VALLEY WITH AN EXCEPTIONAL CONFIGURATION



Welcome to the Ubaye valley

A preserved valley...

Did you say "station"? We have got some...

Pra Loup, one of the largest French ski resort, with 180 km of skiing tracks.

Sauze Super Sauze, a village-resort which stretches out from one hamlet to the other.

Sainte-Anne la Condamine, the highest ski resort, at an altitude of 1800m, and the smallest of our stations.



In the heart of the Ubaye valley, less than 10 mn from Pra Loup and Sauze Super Sauze, **Barcelonnette** is the city on the mountain, but not only.

Higher, in the direction of the high valley, the village **Jausiers** is the entry point to many Nordic areas.

You have just entered a unique territory, a real concentration of all mountains ranges. Wow factor : the southern hospitality...

Welcome to a very big station, Ubaye !





Program

WEDNESDAY

- 05:00 pm: Track Tracing from the Super G to the Pra Loup Honoré Bonnet track, verification of security equipment by the jury.
- 08:30 pm: Race committee meeting at the Pra Loup Tourist Office bringing together the organizers, team leaders, the coordinator, the technical delegate of FIS (International Ski Federation). Distribution of race numbers for competitors.
- 9:30 pm: Officials dinner at Pra Loup.

THURSDAY

SUPER G

- 7:30 am: Opening of Pra Loup Ski lifts.
- 8:00-8:45 am: Run Recognitions / 9:00 am: Closing of the tracks.
- 9:15 am: Race Begins / 1:00 pm: Race Ends.
- 4:00 pm: Track Tracing of the Super Combined SG/SL
- 6:00 pm: Race committee meeting at the Pra Loup Tourist Office bringing together the organizers, team leaders, the coordinator, the technical delegate of FIS (International Ski Federation). Issuing numbers for competitors Program.

FRIDAY

SUPER COMBINED (SG+SL)

- 7:00 am: Opening of Pra Loup Ski lifts.
- 7:30-8:00 am: Run recognitions SG / 8:15 am: Closing of the Tracks.
- 8:30 am: First start / 10:30 : End of the Run SG.
- 11:00 -11:30 am: Run recognitions SL / 12:00 pm: Closing of the track.
- 12:15: First start / 2:30 pm : End of the Race.
- 4:00 pm: Track Tracing Giant Super Sauze
- 6:00 pm: Race committee at Pra Loup Tourist Office.
- 7:30 pm: Presentation of Awards followed by a buffet dinner at the "Loup Blanc" (Pra Loup).

SATURDAY

GÉANT

- 7:00 am : Opening of Super Sauze Ski lifts.
- 7:30-8:00 am: Giant 1st Heat Recognitions / 8:15 am: Closing of the track.
- 08:30 am: First start / 10 :30 am: End of the Giant 1st Heat.
- 11:30 am - 12:00 pm : Giant 2nd Heat Recognitions / 12 :15 pm: Closing of the track.
- 12:30 pm: First start / 2:30 pm: End of the Race.
- 3:00 pm: Presentation of Awards at the bottom of the Giant track.
- 4:00 pm: Tracing 2 Sleeves Slalom at Sauze.
- 6:00 pm: Race committee at Sauze Tourist Office.
- 8:30 pm: Officials dinner.

SUNDAY

SLALOM

- 7:00 am : Opening of Super Sauze Ski lifts.
- 7:30-8:00 am: Run Recognitions / 8:15 am: Closing of the track.
- 08:30 am : First start / 10:30 am: End of the 1st Channel.
- 11:00 -11:30 am : Run Recognitions / 11:45 am: Closing of the track.
- 12:00 pm : First start / 1:30 pm: End of the race.
- 2:00 pm : Presentation of Awards in the bottom of the Sauze track.



13th U14-U16 FIS CIT INTERNATIONAL CUP

Honorary Committee

Renaud MUSELIER
Martine VASSAL
Jean-Claude GAUDIN
Dominique TIAN
Richard MIRON
Maurice DI NOCERA
Patrick BOUVET
Albert OLIVERO
Pierre MARTIN CHARPENEL
Richard MIRON
Sophie VAGINAY
Michel VION
Urs DIETRICH
Richard LESIEUR
Jean-Paul CARLHIAN
Jean-Louis DEBART
Michel BARNEAUD
Jean-François CONNET
Gilles CARRETTA
Guy PONTIER
Jean-François MATTEI

Chairman, PACA Regional Council
Chairman, Departmental Council 13
Senator and Mayor of Marseille
First Deputy Mayor of Marseille
Chairman, PACA Regional Council Sports Commission
Chairman, Departmental Council (13), Sports Delegate
Mayor of Uvernet-Fours Pra Loup
Mayor of Enchastrayes
Mayor of Barcelonnette
Deputy Mayor of Marseille, Sports Delegate
Mayor CCVU Sport
Chairman, French Ski Federation
FIS-CIT Chairman
FIS representative for France
Chairman Alpes Provence Regional Committee
National Citadin Commission Manager
Urban National Commission Vice president
Chairman, Ski Committee (13)
Chairman of Ski Academie
Chairman of Ski Club Saint-Antoine
General Manager'Ultra Fun

Organisation and Technical Committee

Richard LESIEUR
Gilles CARRETTA
Guy PONTIER
Christian DE LORENZO
Yannick DEBEUX
Cédric ROSSI
Jean-Charles DONZELOT
Draguy VOJVODANOVIC
Jean-Sébastien EYMEOD

General Director for the competitions
General Coordinator
Chairman, Ski Club Marseille St Antoine
Coordonitor, Le Sauze
Coordonitor, Pra Loup
Operator, Pra Loup Ski lifts
Operator, Le Sauze/Super Sauze Ski lifts
Director of Ubaye Tourism
Deputy Director of Vallee de l'Ubaye

REGULATIONS ON THE 13th U14-U16 FIS CIT INTERNATIONAL CUP

ARTICLE 1:

This competition is meant for boys and girls born in the following years: 2003-2004-2005-2006, who are members of any of the federations listed by the International Ski Federation.

ARTICLE 2:

This competition will take place in the form of 4 races: Super Giant, Super combined (Super G + Slalom) Giant and a Slalom and whose rules must conform to the FIS rules in force concerning youth races.

ARTICLE 3:

All racers equipment must comply with the provisions of the RIS, in particular with regard to dorsal/back protective shells and helmets (FIS labels affixed to the back of the helmet) which are mandatory.

Skis and boots must meet the following specifications:

• SUPER G :

- (U14) :
- (U16) : Length Mini 183 / Radius 30m Mini

• GIANT :

- (U14) : Maxi Length 188cm / Radius 17m Mini
- (U16) : Maxi Length 188cm / Radius 17m Mini

• SLALOM :

- (U14) : Mini 130cm length
- (U16) : Mini 130cm length
- Maximum height skis all disciplines + Plates 50mm Maxi
- Thickness Sole Shoes K1 and K2 43mm Maxi
- Width under mounting GS / SG 85mm Maxi.

ARTICLE 4:

These competitions shall lead to a separate classification for each category U14, U16, Boys and Girls. The first three from each of the four categories shall be given a prize.

At the end of all the competitions the nations shall be ranked according to the total "race points" of each nation's best skiers (group A) in each race and in each category. Skiers registered within the framework of "double quota" shall not be taken into account in this ranking. A Nations Cup shall be given to the nation with the highest number of points.

ARTICLE 5:

The participation quota shall be limited to 2 boys and 2 girls per age year, i.e. a maximum of 16 skiers per nation. Only the skiers included in this quota may participate in the nations trophy competitions. Their "race points" shall then be taken into account.

The organising nation must declare the 16 skiers representing it, on a separate registration list.

ARTICLE 6:

Two groups shall be formed in each category: a group of skiers participating in the International Cup, and a group of "double quota" skiers not qualified for this cup in the organiser nation.

Lots shall be drawn at random for the first run and for each category U14, U16, boys and girls. The groups of participants in the International Cup shall leave before the double quota group from the organiser nation.

Girls shall leave before the boys, respecting the categories.

The start order for the 2nd run → the best 30 shall start in the reverse order of their ranking from the 1st run. Depending on the number of competitors and/or time difference, the DT may bring down this number to the best 15.

ARTICLE 7:

The organiser undertakes to provide each nation with the necessary registration documents. These documents shall be sent latest 60 days before the competition, by mail to the head of CIT FIS committee in each nation, and to each nation's federation.

The organiser also undertakes to coordinate the accommodation of the nations present, and to apply the rate recommended in the existing international regulations.

Registration fees shall be paid and fixed in accordance with the FIS CIT regulation (ALWC / Point 7).

Registrations must be completed with the FIS registration form.

ARTICLE 8:

The International Cup competitions refer to the regulations on international skiing competitions applied by FIS(RIS), especially on Alpine competitions for children (Art 608 of RIS)



www.fis-ski.com



www.ski-marseille.com

LODGING IN THE UBAYE VALLEY

(No participation by the Organisation)



PRA LOUP TOURIST OFFICE

www.praloup.com / info@praloup.com

Tel: +33 (0)4.92.84.10.04

Maximum rate: 65,00 €
Per person / day for half board accommodation)

**All lunches are offered
by the organizer on the slopes.**





www.ski-marseille.com

ENGAGEMENTS

Send the commitments before:
Friday, March 15th, 2019 - 8:00PM

By Mail : carretta.g@orange.fr

ENTRY FEES :

French Skier : 20,00 € / race day

Foreign Skier : 20,00 € / race day

(Including the fees for ski lifts)

For further information about these races,
please contact :

Yannick DEBEUX

(booking training track)

email : yannick.debeux.praloup@gmail.com

